# Dr. N. RAJASEKAR

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# OBJECTIVE

To acquire advanced knowledge in my concern. Seeking a challenging career where my academic excellence will add value towards organization and personal growth.

# ACADEMIC PROFILE

COURSE	INSTITUTION	BOARD	CLASS	YEAR OF PASSING
Ph.D	Tamilnadu Physical Education & Sports University, Chennai	Tamilnadu Physical Education & Sports University, Chennai	-	2012
SLET	-	Bharathidasan University	-	1999
M.Phil	YMCA COLLEGE of Physical Education, Chennai	Madras University	-	1998
M.P.Ed	YMCA COLLEGE of Physical Education, Chennai	Madras University	FIRST	1997
B.P.Ed	YMCA COLLEGE of Physical Education, Chennai	Madras University	FIRST	1996
B.P.E.S	YMCA COLLEGE of Physical Education, Chennai	Madras University	FIRST	1995

HIGHER SECONDARY	Nadar Hr. Sec. School Kovilpatti	STATE BOARD	55%	1989
SSLC	CALDWELL Hr. Sec. School, Tuticurin	STATE BOARD	56%	1987

## Achievements in Sports

✓ Represented Tmailnadu Handball Team in XXIII Senior National Handball

Championship held at Jamshetpur in the year 1994.

✓ Represented Tmailnadu Handball Team in XVIII South Zone Senior Handball

Championship held at Kolam Kerala in the year 1995.

#### **Refresher & Orientation Courses**

- Attended UGC ASC Orientation
  Course in Barathiyar University,
  Coimbatore in 2011.
- Attended UGC ASC Refresher Course in Physical Education at Barathiyar University, Coimbatore in 2019.
- Attended UGC ASC Refresher Course in Physical Education & Yoga at Madras University, Chennai in 2014.

Attended Seminar on Techniques for realizing the potential of Human Mind & Body on 21.09.1998 at Karaikudi organized by Forum of Advancement of Science of Human Development, Karaikudi

Attended Seminar on Physical Education at Kinder Garden Level and its Important Role in Curriculum Development on 27.02.1999 organized by YMCA College of Physical Education, Chennai.

## **SPORTS EXPERIENCE**

- Coach for Tamilnadu Women Handball Team for XX South Zone Handball Championship held at Pondicherry in the year 1997.
- Represented as a Coach for Tamilnadu Boys Junior Handball Team for XXVII Junior National Handball Championship held at Chandigarh in the year 2004.
- Coach for Tamilnadu Junior Handball Team for 53<sup>rd</sup> SGFI National Games held at Kapurthala, Punjab in the year 2008.
- Coach for Tamilnadu Sub-Junior Handball Team for 53rd SGFI National Games held at Delhi in the year 2008.
- Coach for Madurai Kamaraj University Men Handball Team for South Zone Inter University Handball Tournament held at Peryar University, Salem in the year 2012.
- Coach for Madurai Kamaraj University Men Handball Team for All India Inter University Handball Tournament held at Peryar University, Salem in the year 2012.
- Coach for Madurai Kamaraj University Men Handball Team for South Zone Inter University Handball Tournament held at Bharathidasan University, Trichy in the year 2013.
- Coach for Madurai Kamaraj University Men Handball Team for South Zone Inter University Handball Tournament held at Periyar University, Salem in the year 2014.

# **CO-CURRICULAR ACTIVITIES**

- > "B" Grad National Referee in Handball
- > "A" Grad State Referee in Athletics
- > General Secretary, Tamilnadu Handball Association.
- Secretary, Dindigul District Handball Association.
  Workshops attended at YMCA College of Physical Education, Chennai in
- Shuttle Badminton
- Hockey
- Tennis
- > Athletics
- Diploma in Kung –Fu conducted by YMCA College of Physical Education, Chennai
- Served as Vice President in student's Association at YMCA College of Physical Education, Chennai in the academic year 1996- 97.

#### **Programmers Organized**

- > State Junior Handball Championship 2014.
- > State Handball Championship 2015.
- Madurai Kamaraj University C Zone Sports & Tournaments Convener for two consecutive years 2013-14, 2014-15
- > Junior National Handball Championship 2015.
- Madurai Kamaraj University C Zone Sports & Tournaments Convener for two consecutive years 2018-19, 2019-20.
- > Madurai Kamaraj University C Zone Basketball & Handball Tournaments 2014 2015.
- > Madurai Kamaraj University C Zone Volleyball & Handball Tournaments 2015 -2016.
- > Madurai Kamaraj University C Zone Football & Handball Tournaments 2016 -2017.
- > Madurai Kamaraj University Inter Zone Basketball Tournaments 2016 -2017.
- > Madurai Kamaraj University C Zone Volleyball & Handball Tournaments 2017 2018.
- > Madurai Kamaraj University Inter Zone Football Tournaments 2017 -2018.
- State Level Inter Collegiate Basketball Tournaments 2017, 2018, 2019.
- Das Memorial Handball Tournaments 2016, 2017, 2018, 2019.

#### **Books Published**

- Published a Text book on "Scientific Principles of Coaching and Officiating", Kongu Publishing House, ISBN 978-93-86770-57-8 in 2017
- Published a Text book on "Psychological principles of Physical Education", Kongu Publishing House, ISBN 978-93-86770-58-5 in 2017
- Published a Text book on "Human Anatomy and Physiology", Shanlax Publications, ISBN 9-789387-102828 in 2018.
- Published a Text book on "Kinesiology and Bio-Mechanics in Physical Education and Sports", New Century book House, ISBN 978-81-2343-923-5 in 2019.
- Published a Text book on "Methods in Physical Education", New Century book House, ISBN 978-81-2343-996-9 in 2020.
- Published a Text book on "Exercise Physiology", New Century book House, ISBN 978-81-2344-030-9 in 2020.
- Published a Text book on "Sports Training", New Century book House Publications, ISBN 978-81-2344-236-5 in 2022.

## **PERSONAL DETAILS**

FATHER'S NAME	: G. NAVANEETHAKRISHNAN
DATE OF BIRTH	: 14 <sup>th</sup> DECEMBER 1971
GENDER	: MALE
NATIONALITY	: INDIAN
MOTHER TONGUE	: TAMIL
LANGUAGES (SPEAK)	: ENGLISH, TAMIL
LANGUAGES (READ & WRITE)	: ENGLISH, TAMIL

## WORK EXPERIENCE

- > 11Year worked as a Physical Director in St. Vincent's Matric. Hr. Sec.
  School, Chennai 29. (From June 1999 to July 2010)
- Presently working as Director of Physical Education at G.T.N. Arts
  College, Dindigul. (From 2010 August to till date)